

Amber Crisis Pregnancy Care (Amber CPC)

Amber Crisis Pregnancy Care are a small charity based in the Borough of Bromley. Amber CPC offer free, confidential counselling support for a range of pregnancy related situations to people struggling to cope.



The charity's mission is to provide person-centred counselling support to anyone experiencing an unplanned pregnancy or struggling due to pregnancy loss after a termination, miscarriage, or failed IVF.

Through one-to-one counselling support, Amber CPC offer a safe space for clients to process their experiences and feelings. "We are privileged to walk beside clients on their journeys and to help them find a way to move forward".

Amber CPC began in January 2012 and is made up of a team of trustees, employees and volunteers who are passionately dedicated to this work. Clients contact Amber CPC directly for support, and are often signposted to us by local GPs, hospitals, or Talking Therapies services. The charity have now supported over 150 clients through online and face-to-face counselling.

Amber CPC services are available to those who live in the London boroughs of Bromley, Croydon, Lewisham, Greenwich, Bexley, Merton, Sutton, Lambeth, Southwark, and the districts of Sevenoaks and Tandridge.

Testimonial by a recent client:

"My practitioner listened and allowed for all the trapped emotions to reclaim their voice. Our counselling sessions felt like my secret space where I could be absolutely authentic."

You can read more about us on our [website](#)