

## **Biggin Hill Community Care Association (BHCCA)**



BHCCA had its first meeting on the 15<sup>th</sup> April 1985. It was formed initially to co-ordinate voluntary activities to help in the community in the Biggin Hill area. By the year 2000, a grant had been obtained to make adaptations in St. Mark's Church Hall which led to the establishment of a Day Centre for elderly people for two days a week and a Lunch Club on a third day. It is now one of only two day centres for the elderly in Bromley.

It has members supported by Bromley Social Services as well as members who pay privately for the service. A three course meal cooked on the premises is provided and various activities are organized by a team of professional staff and volunteers. There are also occasional outings. A minibus with a tail lift provides transport for those unable to make their own way. The Lunch Club also provides a three course freshly cooked meal as well as an opportunity for social interaction over a hot drink afterwards.



Other activities for people over the age of 50 include:

- Art Room for people of any ability to develop their painting and drawing skills and has become a very popular activity.
- Sing for Fun group was formed to which the members of the Day Centre are taken, with others joining them.
- Stitching group is for those with an interest in tapestry or embroidery.
- Weekly shopping scheme has also been run for many years, helping those who are unable to shop on their own by collecting them from their homes using the mini bus and volunteers' cars, and accompanying them in the supermarket. With the support of BHCCA's local Waitrose store, it has been possible to maintain this service for those needing it during the lockdown.



As with so many organizations, COVID-19 has meant that most of the activities have been suspended since March of 2020. However, the Day Centre is due to re-open from September, and it is hoped that the other activities will re-start soon afterwards.

More information can be found [on the website](#) or by leaving a message on 01959 577400.

