

# Join the

# Bromley



# 70 Challenge

## 1-31 July

Can you walk, run, skip, cycle, or swim 70km during July and raise money to mark our 70th anniversary? You can complete the challenge individually or as a team. The choice is yours.

Sign up here: <https://bromleymencap.enthuse.com/cf/bromley-70-challenge>

Email [Jane.barnes@bromleymencap.org](mailto:Jane.barnes@bromleymencap.org) for more information or for help with the registration process.