



# Bromley Mental Health Forum

Bromley Experts by Experience (X by X Bromley) is a local charity run by and for Deaf and Disabled people and Carers.



**In person** at Meeting Room, Community House, South Street, Bromley, BR1 1RH

**AND**

**Online** via Zoom



**Thursday 20th June 2024**

**2pm - 3.30pm**

Join us to voice your experiences of using mental health services and to create peer support networks. We discuss ways to challenge barriers, share information and develop effective ways for your views to influence services.



BSL interpretation available



FREE transport available on request



FREE drinks and snacks



Let us know about any other access needs

**Book a FREE place**



[www.xbyxbromley.org.uk/  
peer-led-forums](http://www.xbyxbromley.org.uk/peer-led-forums)



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