

CASPA

CASPA is a unique, rapidly growing and award winning charity that was set up in 2002, providing a wide range of support services to autistic people ages 0-100yrs and their families as well as autism awareness, neurodiversity and inclusion training to organisations in order to increase true understanding of 'Life with Autism'.



During this incredibly challenging last year CASPA have worked hard to ensure all the usual support they provide has continued from running sessions outdoors when safe and legal to do so (from 'Pokemon Go' to Photography sessions to family dog-walks) and taken all other usual activities online, running hundreds of interactive sessions from 'show-and-tell' to their science and technology club Big Bang, to football, family bingo, quiz nights and weekly 'Facebook live' sessions to keep everyone connected. Their #CASPAstillstanding campaign was a great success in lockdown 1, utilising platforms such as YouTube to provide entertaining content to many.

CASPA is ever growing and continues to offer brand new activities online and offline in and around the Bromley area. With leadership from CEO Helen Laryea-Dyer and Director of Operations Sarah Towler, both share a unique passion for the children and their families and the charity.

CASPA needs to raise thousands of pounds – with your help – in order to keep supporting the hundreds of children, young people and adults that desperately need their services. Please join our mailing list and share!

A Parent of a CASPA member said: "CASPA has been a lifeline for my daughter and our family for many years. My daughter will tell anyone who listens that CASPA is the only place she truly fits in and where she can be herself without judgement. CASPA is one of her few safe places, she loves all the staff. It's a place where she can have fun, make friends and learn new skills.

Throughout Lockdown, CASPA initiated as many "clubs" as they possibly could to not only allow our children to stay connected and supported but have also gone above & beyond to ensure that us parents were able to stay connected and supported by arranging regular Zoom Call support sessions for parents. This has been a lifeline for some of us. It's a safe place for us to talk and to be able to exchange information on various subjects such as schools, behaviour tips etc and just to "offload".

CASPA go above and beyond regularly to support our children and our families. This service has definitely saved my sanity on many occasions over the years!"

CASPA can be found on platforms such as Facebook, Twitter, Instagram, TikTok and YouTube just search for @CaspasOnline.