

## Living On Bereavement Service

Established in 2016, Living On Bereavement Service supports children, young people and their families when someone they love has died in Orpington and surrounding areas.



The death of a loved one can be difficult for children to understand. Sometimes it's even harder for adults to talk about it. Living On supports children up to the age of 18 and helps with those conversations when someone they love dies, encouraging children to ask questions they may have. They help children discover ways and strategies to deal with their grief, adapt to the changes it may have brought to their lives and manage their difficult feelings.

Working with children in a one to one setting or groups, Living On also provides:

- Telephone or email support and advice to professionals working with a bereaved child, young person and family
- Telephone or email support to bereaved families
- Visits to schools and other settings to give advice around bereavement and supporting families within their setting
- Home visits to bereaved families
- Help for schools to develop bereavement policies
- Family days and events where bereaved families can get together in an informal way
- Resources to families and professionals
- Ongoing support for children and families

Grief can be a lonely place. Living On encourages children and young people to support each other. With the right support, bereaved children and young people can continue to reach their full potential and become resilient adults.

Client quote:

*"In all the sadness, we are so grateful and lucky as we met you. Words cannot describe how much we appreciate you being there"* service user with 3 children, July 2021

As a charity, Living On is a free service and support through donation or fundraising is always welcomed.

For more information on Living On Bereavement Service and the area they cover visit [www.livingon.org.uk](http://www.livingon.org.uk) or email [admin@livingon.org.uk](mailto:admin@livingon.org.uk)