



Learning Disability Awareness week 2022



South East London
Clinical Commissioning Group

Monday 20th June - Friday 24th June 2022

Learning Disability Awareness week is about telling people what life is like with a learning disability. The event is commissioned by the NHS South East London CCG and has been coordinated and will be delivered by partner organisations Advocacy in Greenwich, Advocacy for All and Lewisham Speaking up.

Our week of activities has been planned by people with learning disabilities and autism. We decided to have a mix of fun and serious sessions. Our sessions are accessible for all: people with learning disabilities, parent/carers, friends, and professionals. The Awareness week is important because it gives people with learning disabilities a chance to:

- have their voices heard
- speak up and learn about subjects that are important to them
- educate others and raise awareness
- help to end discrimination

More information:

For any questions or queries, don't hesitate to get in touch with us HA@advocacyforall.org.uk

NHS South East London CCG is made up of the following boroughs: Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark.



Keep learning



Be active



Connect

We have a mixture of zoom and in person sessions. Some session you will be able to choose if you want to join via zoom or in person.



 **JOIN US**

The registration link to the event is here





SEL Learning Disability Awareness Week Programme

20th until 24th June 2022



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| Day | Time | Activity | Activity details | Location | Target audience |
|-----------|---------------|---------------------------------------|--|-------------------------|---|
| Monday | 10:00 → 11:00 | Personalised Care Workshop | Learn about: <ul style="list-style-type: none"> • What is personalised care? • How can it help you? | Virtual session on Zoom | <ul style="list-style-type: none"> • People with a learning disability and/or autism, • parent/carers • professionals |
| Monday | 2:00 → 3:00 | Raise your Voice | Sing songs that make you happy | Virtual session on Zoom | <ul style="list-style-type: none"> • People with a learning disability and/or autism |
| Tuesday | 11:00 → 12:00 | Hate Crime Workshop | Learn about: <ul style="list-style-type: none"> • What is a Learning Disability Hate Crime? • Where can you go for help? | Virtual session on Zoom | <ul style="list-style-type: none"> • People with a learning disability and/or autism, • parent/carers • professionals |
| Tuesday | 2:00 → 3:00 | DJ Dom Radio show | Request your favourite song | Virtual session on Zoom | <ul style="list-style-type: none"> • People with a learning disability and/or autism |
| Wednesday | 10:30 → 11:30 | What is a Learning Disability? | Learn about: <ul style="list-style-type: none"> • What is a Learning Disability | Virtual session on Zoom | <ul style="list-style-type: none"> • People with a learning disability and/or autism • Professionals • Families and Carers |

The sessions been coordinated and will be delivered by partner organisations: Advocacy in Greenwich, Advocacy for All and Lewisham Speaking up.

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|  <p>Wednesday</p> |  <p>1:00 → 2:00</p> | Quiz | Fun general knowledge quiz including a true or false round about having a learning disability | People can join on Zoom Or Join us in person, address: Equitable House, 7 General Gordon Square. Woolwich, SE18 6FH. | <ul style="list-style-type: none"> • People with a learning disability and/or autism |
|  <p>Thursday</p> |  <p>11:30 → 12:30</p> | Managing Independence with a learning disability workshop | Learn about: <ul style="list-style-type: none"> • Managing Independence with a learning disability. | People can join on Zoom Or Join us in person, address: Community House, South Street. Bromley, BR1 1RH. | <ul style="list-style-type: none"> • People with a learning disability and/or autism • Professionals • Families and Carers |
|  <p>Thursday</p> |  <p>1:30 → 2:30</p> | Exercise with Sunny and Duncan | Fun, accessible exercise session. | People can join on Zoom Or Join us in person, address: Community House, South Street. Bromley, BR1 1RH. | <ul style="list-style-type: none"> • People with a learning disability and/or autism |
|  <p>Friday</p> |  <p>1:30 → 3:00</p> | Picnic People can bring their own food or buy from the café. We will provide some blankets or people can bring their own. | Picnic to reconnect with old friends and meet new people. | Join us in person, address: Kelsey Park Cafe, Manor Way. Beckenham, BR3 3LS. | <ul style="list-style-type: none"> • People with a learning disability and/or autism • Professionals • Families and Carers |

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