



# Community Sports Club

## Bromley



[www.pulsesocial.co.uk](http://www.pulsesocial.co.uk)



Supported by  Access Sport

## Community Sports Club Bromley

Pulse Social was founded in 2018, with the social purpose of increasing involvement, inclusion, and confidence with all our participants playing sports throughout London.

As a not-for-profit community sports group, we provide a variety of inclusive sports activities for all ages to enjoy with the social aim of Creating a Sporting Smile on all our participants' faces.





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## Community Sports Club Bromley

Community Sports Club Bromley (Club Bromley) is a community disability sports project supported by Access Sport.

Club Bromley provides the opportunity for D/deaf, disabled and neurodivergent club members aged between 8 - 17 years old to participate in an array of weekly inclusive sports activities in Bromley, South East London.

We are a friendly and fun community multi-sports club that love to deliver a supportive and a social non-competitive environment.

Sports Activities:

- Boccia
- Dodgeball
- Multi sports
- Inclusive games

Siblings are welcome to join in and parents/carers are encouraged to stay, watch and even take part!

All disabilities and impairments welcome.



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## Session Information

Bromley Methodist Church, College Road, Bromley, BR1 3NS

**Every Tuesday** (*Term time only*).

Time: **5pm to 6pm**

## Important Information

These inclusive multi sports sessions are delivered by a qualified Sports Coach.

These sessions are inclusive to anyone who is neurodivergent (including autism and ADHD), has a learning disability/difficulty, visual impairment, D/deaf or hard of hearing, a mental health or long term health condition or physical impairment.

Once registered on the google form, you'll be sent a link to register on Spond. You'll then receive the booking link each Wednesday ahead of the following Tuesday's session.





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## Session Costs

**Cost:** First session free, £5.00 per session thereafter.

## Getting to the Venue | Travel & Transport

### Parking

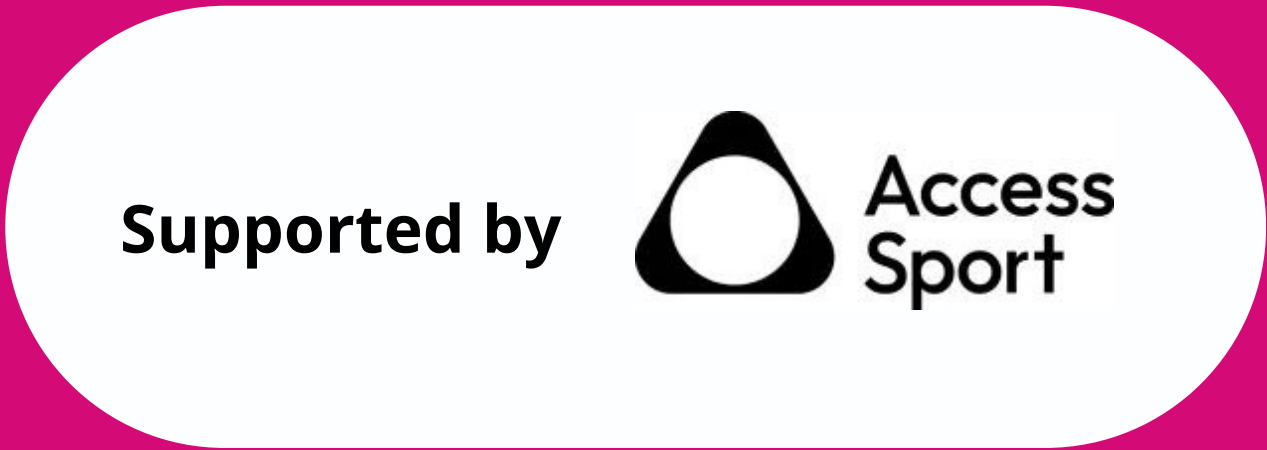
- Free parking in the car park at the venue. If staying more than 15 minutes, you must enter your car reg number inside the church.

### Transport

- Bromley North Station is 0.2 miles away and a 3 minute walk.
- Bromley South Station is 0.6 miles away and a 13 minute walk.
- The nearest bus stop is West Street (Stop M), with buses 61, 119, 138, 146, 246, 269, 352, 354, and 367 stopping.
- Facilities – the venue is accessible with no steps and has accessible toilets.







# Community Sports Club Bromley



**BOCCIA**



**DODGEBALL**



**INCLUSIVE GAMES**



**MULTI SPORTS**





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## Community Sports Club Bromley

Meet Coach Jenny, the Director of Operations at Pulse Social and Head Sports Coach for Club Bromley.

Coach Jenny is local to Bromley, and she is passionate in providing a friendly, fun and inclusive multi sports environment for our disability club members.





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0208 191 8507



07375 594 559



info@pulsesocial.co.uk



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