

INVITE! INVITE! INVITE! INVITE! INVITE!

MOTTINGHAM'S INTERNATIONAL WOMEN'S DAY CELEBRATION

Join together to celebrate ALL the women of Mottingham, with food, entertainment and workshops 🤍 - for FREE!

1pm

Welcome drinks on arrival

2pm

Interactive panel discussion hosted by local women and businesses...

Women's well-being: work-life balance, building resilience & strengthening community

3.15pm

Keynote speaker: Judie Obeya - Clarion Futures Communities Manager

Sharing her career in community work and Q&A

4.30pm

🎉 Party & networking!

Steel band/afrobeats /soul/pop/reggae

Delicious street food buffet from Arawak

Hand & scalp massage, henna, holistic therapy products

Saturday 23rd March

1pm - 6pm

Elmstead Wood Primary School,
Castlecombe Rd, SE9 4AT

Any questions? Call 07398911257



**MOTTINGHAM
BIG LOCAL REFOCUSED**



**COMMUNITY
FUND**

This event is hosted by Mottingham Big Local Refocused and supported by Community Links Bromley, Clarion Futures Communities Team, Elmstead Wood Primary School, The Mary Dolly Foundation, Tangles Hair Salon, and local Mottingham women.

Find out more at www.mottinghamblr.com

NEED SUPPORT?

Here are some free services
offered locally in Nottingham

CITIZENS ADVICE

Confidential advice and
assistance on housing, debt,
consumer, and legal issues.

Tuesdays, 10am to 1pm
Nottingham Community Centre

Book an appointment:
0808 278 7898
SPA@bromleywell.org.uk

COUNSELLING

For adults and children
experiencing domestic abuse.

Contact The Mary Dolly
Foundation to discuss a potential
referral:
0208 315 0595
info@marydollyfoundation.org.uk

